



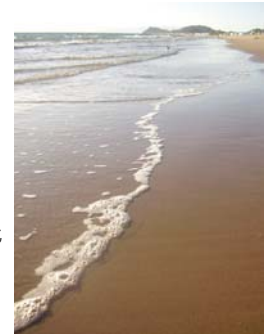
The Guided Gypsy

November 2009



Owning Our Magnificence

As November 11th fast approaches, we are being moved to truly own our magnificence. It will no longer serve you to play it small, to be less than the magnificent being that you are. The problem though is the thing we fear the most is our greatness, to fully step into our power and embrace the magnificence of who we are. This means letting go of following the rules and the ways of society, it means stepping up to the plate and allowing the divine energy to flow through you and for you to be the divine light you were meant to be. To share the gift of who you truly are and not to be afraid that it is wrong, or that you are some how not enough.



You are just as you need to be, you are plenty, you are divine, you are enough, just as you are. This does not mean that one stops growing, it does not mean that we stagnate as we are. It means we are enough and we continue to grow and shine the light of our love out into the rest of the world, knowing we have purpose, knowing that we are part of the tapestry of the whole and we have an integral part to play.

On Nov. 11th you will have a chance to connect more fully to your heart and the divine creator within, we are moving into what is called the Crystalline Age, a time to turn the leadership over to your heart rather than your mind. A time of full consciousness and awareness, we will no longer be able to play the victim role, as we are divine creators of the world around us. This is a time of great power in a new way, a time of divine love and magnificent creations.

If you are experiencing chaos in your life at this time, then you have not yet opened to the divine creator within, in order to create a life of ease, abundance and love, find someone who is on the path and listen to what they have to say. It is a time to let go of our old ways of thinking and to embrace the new. Your logic may wish to hold on, but it will not serve you, our logic is very limited and is unable to connect to the magnificence within us.

Take a deep breath and move into your heart, trust what it is telling you, trust in the all knowing that is accessed through your heart.

You are a divine being of the light, embrace this part of yourself, it is the path to peace, abundance, love, ease and serenity.

Find the spirit that can guide you out of the chaos and into the love.

Divine light flowing through each and every one of us,
May the joy of it embrace you, surround you and support you in the most magnificent way!

Love, light, magic and new discoveries, Hugs, The Guided Gypsy

Believing

Magnificence

*Divinely inspired
Flowing
Loving
Amazing,
Discoveries.
Heart felt
Loving
Generous
Kind
Flowing,
With ease.
Supported
Inspired
Gentle
All knowing
Connected
Abundant
Are you ready?
To embrace,
Your heart.
And open,
To the love within.
The answer
To your problems,
Lies within you.
Find the way
To greater divinity
Through your heart
And your imagination.
Begin today
Find someone
Who is already
On the path
And ask them
To help you.*

Creating Vision

Moving to Magnificence

The time has come to embrace the magnificence within you. How does one do this, how does one find and step into that magnificence? We are each a divine being of light, we only need to admit it to ourselves in order to embrace it. The difficult part is admitting it to ourselves as we have each been taught to be small, to limit ourselves in many ways. Yet we are each creators, with the ability to create our outer world and to change it in ways we can only imagine at this moment in time.

Exercise

Start your day by reminding yourself that you are a magnificent being.

Declare: I stand in my magnificence, allowing my divine light to shine out into the world. I am a divine being of the light and a creator of my world. I own this power of mine and use it with love and compassion.

From this moment on become conscious of your small or logical mind and how it keeps you contained and small. When you hear the thoughts that keep you from expanding and growing, remind yourself that you are choosing to stand in your magnificence today and willingly let go of the thought if it is not assisting you to be magnificent.

There is no longer a smart choice to make other than opening to your magnificence, as it is in your place of magnificence that you will feel at peace. You will be in the flow of love and ease. You will feel incredible joy and know that you are on the right path for you. If you at all wonder if you are on the right path, then know that you are not, take a breath and once more declare your magnificence and you will rapidly be shifted to the correct path for you at this moment in time.

No one needs to remain small, it is a choice that we can make at any moment in the day. Just declare that you are there and you will be shifted rapidly and easily. You will need to step up to the plate though and allow this energy to flow through you and expand you.

May each and everyone of us embrace our magnificence and create heaven right here on earth.

Affirmation: I embrace my magnificence. I willingly open my heart and allow the love to flow through me and to shine out into the world. I am a being of love and magnificence. I am a divine being of the light. And so it is.

May you all embrace the journey of evolution, becoming a magnificent expression of the divine light.

In wholeness and love,
Janice, the Guided Gypsy



Creating Conscious Living

On the Fore Front!

Change, well that may be the understatement of the month, we are in a time of great change for human beings. We have previously worked mostly through out logic and now that is not enough. We are being pushed to expand, grow and believe, in things greater than our physical being, things that we can't see or prove. This is not an easy task, to move from what has been comfortable to new ways we have yet to understand, but grow we must as things are so unsettled at this time, in order to feel peace and contentment we must embrace new ways. I believe in the next few years we will see many, many more changes and we are now preparing for these changes by learning to embrace new ideas, to value and use new parts of our brain and being. So take a risk this month, listen to what others are saying even if it seems strange and new or different. Keep your mind open to change, if you hear yourself saying that's not true, just listen and see if you can learn anything from what is being said.



We are more than we realize at this time, be open to the new!

Gypsy Guidance

This month's guidance.

I find that I have people around me that are lying to me. What am I supposed to see?

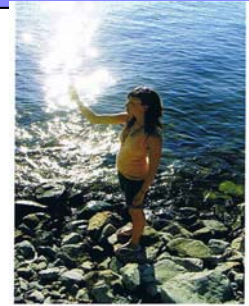
When we encounter lying in our lives, we are not being honest with ourselves. Often we will tell ourselves something in order to try and be happy or to be positive but we are not actually dealing with the issue, we are sugar coating it in some way in order to be temporarily happy. Sometimes getting to the bottom of these things can be difficult as we have many, many layers of stuff packed inside of us. These layers have been created over the years from all of our past experiences.

Be patient with yourself, we often move it one layer at a time, as that is all we are able to handle at any given moment. Self growth is an ongoing process, I don't believe we are ever fixed, we just continue to grow and change. There is no right or wrong, just the process. Forgive yourself for not being honest with yourself, then love yourself and say I am ready to see, grow and change, then let yourself move through the process. As you do, you will start to see what you have been hiding from yourself and you can make changes by making new choices and thoughts.

If you have a question please write to me at janice@guidedgypsy.com.
I will answer it in the newsletter, without any reference to you.

Youth Speak

Shauna



Shifting to a new way of life.....

As many of you know, I am a dancer for a living. I decided to pursue this passion about two years ago now and have never had any desire to turn back, my life has been nothing but interesting since I took this leap of faith and I have learnt more about myself than I could have ever imagined! Over the past couple of years I have had many tests of my beliefs with regards to creation and energy and all of them have come out on top. I have had definite highs and sever lows in this time of change and learning and have somehow learnt extremely important life lessons from all of them.

This past week was a massive energy shift (November 11/09), which I was extremely excited about for some reason. I had no idea what this shift would mean for me but I was looking forward to it eagerly and somehow I knew it would involve positive change for me, so I embraced it. That day, I got up and went about my normal daily routine (which is anything but routine, hahaha) I felt extremely clear and energized for the whole day, which was refreshing considering the massive cloud that seemed to be over myself and everyone else for the past few weeks previous. Nothing specific happened that day but I could feel that positivity was near, which was again exciting. I had been struggling with money issues for some months now and am currently saving for a trip to London in the new year, so this had me quite worried, as I had no idea how I would make it happen. The day of the shift, I affirmed to the universe that I would be in London by the end of January and that I would have sufficient funds to make this a reality. Since the shift, I have had nothing but phone calls of work with great pay and it feels like I have cheques coming to me left right and centre! Go figure?! Again I have impressed myself with my ability to create and provide for myself, even when it seemed so impossible only weeks ago. The beauty of this is that, slowly I am understanding that even in life's ups and downs, when I maintain a sense of positivity throughout them, I find myself on top in the end and richer with stories and experiences, which are the tapestry of my life.

I am realizing more and more all the time that my day to day interactions with people are the small way that I am giving back to the world on a constant basis and I am trying to be more and more aware of the conversations and messages I am sending to people about their lives and happenings. I have had many positive experiences in helping people to achieve goals they didn't even realize they had, which is exciting for me and this is helping my spirituality to thrive and grow constantly. With each shift that happens and experience that I have, I grow wiser and more able to help with a more worldwide shift. I am so excited to be a part of this change and growth and feel like more and more people are gravitating towards similar ideals.

I'm not sure what it means exactly to move into ones own "magnificence" but I feel like it is to be really clear on who we are as individuals and what we want to put out into this universe that is ours. I feel most magnificent when I am being true to myself and creating only the positive things that run through my mind and letting the negative ones go. Sometimes this is challenging but I am slowly getting better at it and I will continue to do so I am sure, as time goes on. At this point, it is just about owning our magnificence and letting it shine through in all we do, so it is undeniable. In owning this, we are then able to help others to own theirs and we can all move forward into a more positive space, where everyone is equal and we are all magnificent beings, with no room for judgment or negativity. If we all become as clear as possible on what we are putting out, we are sure to find magnificence surrounding us and in us at all times.



Youth Speak

Contributing Writer & Coach - Ann Sullivan



Stepping into your magnificence sounds nice doesn't it? It sounds like stepping into a golden light that sparkles with angelic diamonds with rose quartz sequins. Loving yourself, loving others, living your purpose, being the person you were meant to be, all very nice ideas, I mean it, I really love it...but what happens when you aren't there yet?

I think a couple things can happen:

We live in a state of denial

We turn on ourselves

The amazing thing about being a human is that we have this incredible ability to see where we want to be, we are visionaries. Unfortunately that can come with the price of being aware (or at least having the nagging feeling) that we aren't there yet. We can pretend to be, we can manage and control, and organize our lives, and ourselves, so that we don't have to face the fact that we are where we are -and it may not be where we want to be. We can force situations and relationships and blame others when it doesn't work out how it's *supposed* to, which will make us feel good and righteous for a bit, but we'll most likely go on to repeat it somewhere else with someone else...and eventually, you might have to take some responsibility.

So, how do we step into our magnificence when we are not yet our idea of magnificence?

There are so many tools and concepts and practices out there that can help you along this journey of life and death (rinse repeat) but I don't want to speak about that right now. Practice is very important, and taking the time to know what yours is and then do it is probably the most important thing there is, in fact, I think you and I need to have a talk about practice next month, but, I want to take some time this month just to acknowledge the moment.

This life/death thing is big, and it can feel even scarier when we start to acknowledge we are participating in it. When we are just a victim to circumstance at least we have something to fight against, something to push against. When we surrender to the process it can feel almost too big. Magnificence is a big word, it's a big concept, and it can feel daunting. I don't know- I realize that there might be one person out there reading this who feels like I do, so I will speak to them...maybe we are vibrating the same tune.

Like, life is amazing...it gets better and better every day. With each step I take in my spiritual growth I am rewarded with the most incredible reflections and gifts. The conscious path is one that is beautiful and rich and delightful. The *unconscious* path is beautiful and rich and delightful. Both have pain, and struggle, both have joy and glory. There is no wrong way, there just is way. So yeah, I am lucky and glad that I am on board for the ride. I am grateful to be alive and have experience. But what the hell am I doing here? I can do this, I can stay open and I can walk through my challenges. I can give birth to new awareness and then take the responsibility of practicing it and often I have a really good time doing it. But what the hell am I doing here?

What's the point? I'm starting to feel like one of those tight rope walkers; focusing on the fine balance of one foot in front of the other, breathing into the moment. And, wouldn't it just be easy to fall into the big net that waits below? Yes, yes it would, and sometimes I do, sometimes I just fall- cause it's so easy and it feels SO good...but eventually I have to climb back up the ladder and try again, because what else am I going to do? Lie there in the net staring at the sky? Well, maybe? But I'll probably get bored and want to try again.

All I know is this. Magnificence isn't the arrival. It's just stepping into who you are right now, right now, and saying, yup, it's not all there yet, and that's uncomfortable as hell, but whatever, so what, it's where I am...magnificent.

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