



The Guided Gypsy

March 2010



Believe in Miracles



Miracles to me are happenings that we can not understand with our logic. We have no idea how they come to be. Miracles in their very essence are a gift from the universe. At this time we can expect to receive many, many miracles, as we move into a time of greater connection with the universe and less time

relying on our logic.

Moving into the unknown and trusting in the universe, creates an optimum climate for miracles. The universe is a very powerful entity, capable of anything.

It is us as human beings that create the limitations with our beliefs and doubts.

Try this for a moment, tell yourself that you have 5 million dollars and if you happen to already have 5 million dollars, pick a much larger number than what you do have.

What does your logic tell you. Don't be stupid, get real, stop dreaming, it isn't possible to just receive 5 million dollars, you will need to work really, really hard for many years to get that kind of money, these are just a few of the beliefs your logic may bring forward for you.

Our logic is what has kept us small for so long, but the time has come for us all to expand and to step into our oneness with the universe or our largeness!

We are as expansive as the universe, the trick is believing this and getting the logic to allow you to move into this space.

Our logic is very fearful and thinks its job is to keep us safe. Think of it this way, your logic is keeping you locked in your yard, when there is a whole new world out there to explore.

Are you ready to step into that new world and discover new ways of being, new delights, new people, more joy, more love and unlimited possibilities? That is what this time of evolution is all about, finding ease, joy, love, freedom along with peace and contentment.

Yes you will have to change how you do things and how you think but just imagine the possibilities, imagine the life you can create!

Don't allow your logic to limit you by trying to keep you in your yard with what you know in your logical mind. Allow yourself to step into the unknown and find new ways of doing things and new ways of being! The possibilities are endless, stop limiting yourself, find the courage to let go of the old and embrace the unknown.

You will be glad you did!

Love, light, magic and miracles, Hugs, The Guided Gypsy

Believing



Miracles!

*Come from within us!
Miracles are unknown to our logic!
Each moment there is a new
Possibility for a miracle.*

Believe!

Trust!

*The universe is a very powerful place.
Allow the miracles to happen
In your life!*

Creating Vision

Allowing Miracles!

The first step in allowing miracles in your life, is to let your logic know that it is ok to believe in them.

Tell your logic that you are making a conscious choice that miracles are possible.

Next you will have to work with your thoughts and beliefs that surface. If your brain is telling you it is not possible, just say thank you and let it know you are choosing to think differently. Let it know that you trust the universe to assist you and guide you in creating the miracle.

We are extremely powerful beings, we have kept ourselves small for too long now. In order for us to change this world and heal the earth, we need to start believing it is possible. We don't need to know how it is going to happen. Wanting to know how is a way that our brain keeps us small. Let go of the how and trust that the universe has many options, tools, wisdom and information that we may not be aware of.

We are residing in a time of great possibilities, the only limits we have are the ones we impose on ourselves.

Start to day to open to possibility, don't keep yourself small any longer.

Take control of your logic and let it know you are willing to expand and grow. You are willing to make changes, you are willing to believe in what seems impossible to the logic. It is in taking these steps that you will expand and create freedom for yourself.

Just imagine a life where you feel free! You are able to do what you want, when you want to! You have unlimited capabilities! You have love and abundance! You have joy!

It is possible, you just need to believe it is!

Start believing today, take the time to sit down with your logic and let it know you are now taking back control, you are in charge from this moment on of what you are going to think about and bring about.

It is truly all up to you! You can make excuses for yourself, that you don't have enough time or this is silly and it won't work, you have more important things to do, it is always your choice.

Personally, I have chosen to expand and take the control back and I feel better than I ever have in my life. I have more joy, better health, more love and abundance.

It is your choice, I just know has worked for me and many others!

Exercise

Take a moment to be quiet and be with yourself.

Consciously choose what it is you want to believe. Use the statement I believe

Tell yourself it is possible! Use the statement I know this is possible!

Tell yourself you are choosing to trust in the power of the universe.

Tell yourself, I am ready to receive this.

Finish with And so it is!

The more often you do this exercise, the quicker you will create what it is you want.

Yes it is that easy!

Affirmation: *I trust in the power of the universe. I am a divine being of light. I open my heart to all that is and I am ready to receive. I willingly embrace the love and light that shines within me and I lovingly shine this light out into all of my relationships, my community, the world and the universe.*

I am divine light, love and joy! And so it is!

May you all embrace the journey of evolution, becoming a magnificent expression of the divine light. wholeness and love, Janice, the Guided Gypsy



Creating Conscious Living

On the Fore Front!

Wow, is all I can say again! So many incredible things are happening. Things are appearing as if out of nowhere. I know this is due though to the work I have done and the work many others are doing. We are in such incredible times, when we can harness this new energy and use it, we are capable of creating many wonderful miracles. It is easier than it ever has been to create amazing possibilities and to manifest them here on the earth plane. I get real excited when I think about what will happen as more and more of us connect to the power within us and start creating amazing change and wonderful miracles.

We truly are changing and it has been happening one person at a time, I know there is always a tipping point where the whole will shift instantaneously, I believe that time is coming very quickly and we will create heaven here on earth! I hold the light and the vision of this evolutionary shift of humanity! I look forward to you all joining us in this adventure of the unknown.



It is possible to create heaven here on earth!

Gypsy Guidance

This month's guidance.

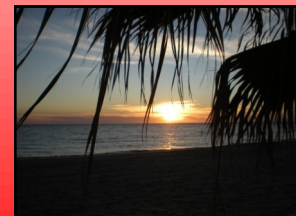
I want to change but seem to have trouble finding the time to practice taking control of my logic any suggestions of how I can do this.

Number one is you have to decide it is important to you. Then you need to take the time and tell your logic the rest will get done. Making the time is really the first step to taking control back from your logic as your logic wants you to believe that you are way too busy for such silliness. The logic's favourite excuse at the moment is busyness! Busyness has become a huge addiction in our society. We are all addicted to being busy, it is like we don't have any control to stop the flow of busyness. I call it being a bizaholic! One that is too busy!

You are more powerful than your logic, take back that power by letting it know you are in charge and maybe you can't explain to it how you will get everything done but you are making the choice to take control and choose what is important to you.

Life does not end because we don't get everything done, in fact I find it truly begins when we let go of being a bizaholic!

If you have a question please write to me at janice@guidedgypsy.com. I will answer it in the newsletter, without any reference to you.



Creando Visión

Permítete Recibir Milagros!

El primer paso para permitir que los milagros lleguen a tu vida es dejar la lógica de lado y afirmarte que está bien creer en ellos. Decirle a tu lógica que estás eligiendo consciente creer que sí pueden suceder. Luego, deberás trabajar con los pensamientos y creencias que brotan al hacer esta elección. Si te llegan pensamientos de incredulidad, dale gracias a tu mente por esa “información” y una vez más repítele que estás eligiendo pensar diferente, que confías en que el Universo te apoya y te guía en la creación de milagros.

Somos seres extremadamente poderosos y hemos reprimido y limitado nuestra grandeza por mucho tiempo. Para que podamos hacer un cambio en este mundo y ayudar en la sanación de la tierra, es necesario creer que los milagros son posibles.

No necesitamos saber cómo es que se manifestarán. La necesidad de siempre saber el cómo, es la manera en la que nuestra mentalidad nos limita. Deja ir la necesidad de saber “como”.

El Universo tiene opciones, maneras, herramientas, información y sabiduría sin límites, confía en él.

Estamos en una etapa de grandes posibilidades! El único límite que tenemos, el que nos imponemos nosotros mismos. Empieza tu día abierto a las posibilidades, no te limites más!

Controla tus pensamientos, dile a tu mente que estás dispuesto a expandirte y a crecer. Que estás dispuesto a hacer cambios y a creer en lo que lógicamente parece imposible. Así es como podrás expandirte y serás capaz de crear tu propia libertad.

Imagínate vivir tu vida sintiéndote libre! Que eres capaz de hacer lo que tú quieras cuando tú quieras! Tus capacidades son ilimitadas, estás lleno de amor, de alegría y de abundancia!

Todo es posible, sólo necesitas creer que así es!

Todo depende de ti. Puedes inventarte todas las excusas que quieras, que no tienes tiempo, que es una tontería y/o que no funcionará, que tienes cosas más importantes que hacer, etc. Es tu elección.

Personalmente he optado por “expandirme” y retomar el control de mi vida. Me siento mejor que nunca! Ahora tengo más alegría, mejor salud, mucho amor y abundancia.

Tú eliges. Yo solo sé que ha funcionado para mí y para muchas personas más!

Ejercicio:

Toma un momento de tranquilidad para estar contigo mismo.

Conscientemente elige que es lo que tú quieres crear.

Afirma diciendo: Yo creo....

Afirmate y cree que es posible! utiliza éste enunciado: "Yo creo y sé que si es posible". Afirma que estás eligiendo confiar en el Poder del Universo. Afirma que estás listo para recibir tus milagros y termina diciendo : Y así es!

Entre más practiques éste ejercicio, más rápido crearás lo que tú quieres. Si, así de fácil!

Afirmación: Yo confío en el Poder del Universo. Soy un Ser Divino de Luz. Abro mi corazón a todo lo que es y estoy listo para recibir. Acepto y celebro el amor y la luz que brilla dentro de mí y amorosamente la resplandezco desde mi Ser hacia todas mis relaciones, hacia mi comunidad, al mundo y al Universo. Soy un Ser Divino de Luz, Amor y Alegría. Y así es!

Acepten y celebren este camino de evolución convirtiéndose en una Magnífica Expresión de Luz Divina, Unidad y Amor.

Janice, the Guided Gypsy (La Gitana Guiada)

Español



CeCi Heredia

Llegó la Primavera y con ella la manifestación de Milagros!

Al menos así lo veo ahora. Es como si fuera la palabra de moda para mí. Veo milagros por todos lados, todos los días, en todas las situaciones.

Y ahora que lo reflexiono, me doy cuenta que desde que me siento merecedora de milagros, más recibo todos los días! Estoy segura que siempre he recibido milagros, pero siento que en algún momento me perdí en la rutina y dejé de darme cuenta de ellos.

Para muchos, no es nada del otro mundo despertar, abrir los ojos o respirar. Aunque eso ya es un milagro, dan por hecho que eso va a pasar hoy, mañana y en los próximos 100 años.

Todos somos creadores de milagros nada más que no todos estamos conscientes. Nos convertimos en creadores de milagros cuando enfocamos nuestra energía en lo que queremos conseguir. Sin cuestionar y saber exactamente cómo se materializarán. Con el hecho de enfocar nuestra energía a nuestra intención, visión, objetivo o sueño, ya estamos haciendo nuestra parte para que se manifiesten.

El conflicto con la lógica en este caso, es que nos enseñaron desde pequeños que para llegar a ser “alguien en la vida” y conseguir lo que queremos, debemos esforzarnos mucho si no es que demasiado. Nos enseñaron que algo tenemos que sacrificar y que nos tiene que costar “lágrimas, sudor y sangre”. Honestamente en un tiempo así lo creí yo también.

Pero ahora me doy cuenta que esto es sólo la vieja idea que todavía persiste en mucha gente, porque no nos enseñaron que somos merecedores de todo. Podemos ser, lograr y tener todo lo que queremos simplemente soñando. Suena demasiado bonito para ser verdad. Cierto es, que es tan fácil que a nuestra lógica le parece imposible. Cuando eso pasa, esa es señal de que no te sientes merecedor! Por ende, desviamos nuestra energía y nos limitamos a nosotros mismos. Dejamos que nuestra lógica nos gane y limite nuestros pensamientos porque no vemos “cómo” nos llegarán nuestros sueños y gastamos nuestra energía cuestionándonos y buscándole el lado en vez de confiar.

Estamos acostumbrados a tener un plan, nuestro plan. Los milagros se manifiestan cuando confiamos en el Plan del Universo, ese que es ilimitado y que no avisa por dónde, cuándo ni cómo nos llegará. Sin embargo llega. La tarea a realizar aquí es confiar, y la parte difícil si a tu lógica le satisface, es cambiar tu manera de pensar y liberarte de viejas enseñanzas que ya no te sirven.

Te invito a que hagas la prueba, a que te des la oportunidad de creer que sí, es así de fácil. Sueña en grande! diviértete soñando, visualizando y creando! agrádecele a tu lógica que quiera cuidar de ti, déjala de lado y continúa viviendo tu vida con alegría. Mantente en un estado de gratitud por todo lo que ya estás recibiendo y no te detengas en la espera. Verás que cuando menos pienses, cuando te sientas merecedor y estés listo para recibir, te llegarán los milagros!

Besos, abrazos, luz y mucho amor!

Ce Cihuatl Heredia

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